Post Office Box 600

Santa Cruz, California

95061-0600

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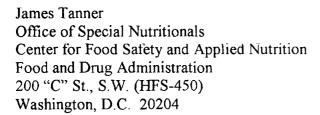
408-429-9089

408-429-0189 Fax

1-800-635-1233

61745

October 9, 1998



Dear Mr. Tanner:

Pursuant to Section 6 of the Dietary Supplements Health and Education Act of 1994, Rainbow Light Nutritional Systems, Inc. wishes to notify the Food and Drug Administration that it has within the past 30 days, commenced marketing a dietary supplement which bears a statement of nutritional support.

The dietary supplement for which the statement is made is Advanced Defense System Plus™. The statement of nutritional support reads as follows:

"Provides long-term, nourishing support to the immune system."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This statement of nutritional support is based on data which renders this statement substantiated, truthful and non-misleading.

Sincerely,

Rainbow Light Nutritional Systems, Inc.

Maryon Johnson

Margaret Johnson

**Executive Administrator** 

LET 2289